

Other ingredients: Hydroxypropyl methylcellulose (capsule), cellulose and silica.

† Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

†† Including Beta-Carotene, Alpha-Carotene, Zeaxanthin, Cryptoxanthin and additional Lutein and Lycopene.

Manufactured by:  
**Douglas Laboratories**  
600 Boyce Road  
Pittsburgh, PA 15205 USA  
[www.douglaslabs.com](http://www.douglaslabs.com)  
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This product contains NO yeast, gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

**Suggested Usage:** As a dietary supplement, adults take 8 vegetarian capsules daily or as directed by your healthcare professional. This product is best taken with meals.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

Formula #200574

# Ultra Preventive<sup>®</sup> X

A Low Allergenicity  
Dietary Supplement



240 Vegetarian Capsules

## Supplement Facts

Serving Size 8 Vegetarian Capsules • Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (33% as Vitamin A Palmitate [2,500 IU]/67% [5,000 IU] as Natural Beta-Carotene) from D. Salina with full spectrum carotenoids††	7,500 IU 150%	Boron (as Boron Aspartate/Citrate complex)	0.75 mg *
Vitamin C (as Ascorbic Acid/Ascorbyl Palmitate/Calcium and Magnesium Ascorbate complex)	700 mg 1,167%	Vanadium (as Vanadium Krebs†)	25 mcg *
Vitamin D-3	500 IU 125%	Amino Acids and Enzymes	
Vitamin E (natural, as d-alpha tocopheryl plus mixed tocopherols)	200 IU 667%	L-Cysteine/N-Acetyl L-Cysteine	75 mg *
Thiamine	50 mg 3,333%	Betaine (from 75 mg Betaine HCl)	57 mg *
Riboflavin	25 mg 1,147%	Bromelain (2,400 GDU/g)	25 mg *
Niacin/Niacinamide	95 mg 475%	Glutamic Acid (from 13 mg Glutamic Acid HCl)	10 mg *
Vitamin B-6 (as Pyridoxine HCl/Pyridoxal-5-Phosphate Complex)	50 mg 2,500%	L-Methionine	6.3 mg *
Folate (as L-methylfolate, Metafolin®)	400 mcg 100%	Bioflavonoids and Proanthocyanidins	
Vitamin B-12 (methylcobalamin)	125 mcg 2,083%	Rose Hips	50 mg *
Biotin	150 mcg 50%	Lemon Bioflavonoids	50 mg *
Pantothenic Acid (as d-Calcium Pantothenate)	250 mg 2,500%	Red Wine Proanthocyanidins/Pine Bark Extract	25 mg *
Calcium (as Calcium Citrate/Ascorbate/Carbonate Complex)	250 mg 25%	Hesperidin	18 mg *
Iodine (from Kelp)	100 mcg 67%	Rutin	12.5 mg *
Magnesium (as Magnesium Aspartate/Ascorbate/Oxide Complex)	250 mg 63%	Vegetables Fruits and Herbs	
Zinc (as Zinc Amino Acid Chelate)	12.5 mg 83%	Proprietary Organic Fruit and Vegetable Blend	350 mg *
Selenium (as Selenium Krebs†/Kelp complex)	100 mcg 143%	Organic beet powder (root), Organic carrot powder (root), Organic black currant powder (fruit), Organic blueberry powder (fruit), Organic broccoli powder (whole plant), Organic Concord grape powder (fruit), Organic green cabbage powder (whole plant), Organic collard greens powder (leaf), Organic mountain cranberry powder (fruit), Organic kale powder (whole plant), Organic Parsley powder (whole plant), Organic pomegranate powder (fruit), Organic raspberry powder (fruit), Organic spinach powder (whole plant), Garlic Extract	50 mg *
Manganese (as Manganese Aspartate/Sulfate Complex)	5 mg 50%	Cauliflower (entire plant)	50 mg *
Chromium (Organically bound with GTF activity-low allergenicity)	100 mcg 83%	Spirulina	50 mg *
Molybdenum (as Molybdenum Krebs†)	50 mcg 67%	Chlorella (broken cell wall)	50 mg *
Potassium (as Potassium Aspartate/Potassium Chloride Complex)	50 mg 1%	Green Papaya Extract (fruit)	50 mg *
Lutein (natural)	3 mg *	Blackberry (fruit)	40 mg *
Lycopene (natural)	3 mg *	Celery powder (leaf)	35 mg *
Zeaxanthin	0.5 mg *	Black radish powder (root)	35 mg *
Other Minerals, Nutrients and Trace Elements		Apricot powder (fruit)	35 mg *
Inositol	50 mg *	Green Tea Extract (leaf)	25 mg *
Trace Elements (from Sea Vegetation)	approx. 50 mcg *	Apple Pectin (fruit)	25 mg *
Choline (from 75 mg Choline Citrate/Bitartrate)	30 mg *		
PABA (para-aminobenzoic acid)	25 mg *		

\*Daily Value not established.