

Balance Plus™ Providing Omega-3, Omega-6, and Omega-9 fatty acids

DESCRIPTION

Balance Plus™, provided by Douglas Laboratories®, is a combination of nutritionally important, synergistically acting fatty acids: the omega-3 fatty acids from cold water marine fish (eicosapentaenoic acid, EPA; and docosahexaenoic acid, DHA), the omega-6 gamma-linolenic acid (GLA) from evening primrose oil, and the omega-9 oleic acid from olive oil. Balance Plus is now offered as a liquid-filled, two piece capsule.

FUNCTIONS

Typical diets in developed countries deliver large amounts of saturated fatty acids and the polyunsaturated omega-6 linoleic and arachidonic acids, but often not enough of the omega-3 and omega-9 fatty acids. Similar fatty acid imbalances can be the result of consuming very low fat diets. Diets high in linoleic acid (omega-6) and low in omega-3 fatty acids have been shown to promote the formation of the undesired 2-series prostaglandins, thromboxanes and leukotrienes, whereas diets high in omega-3 fatty acids (fish oil, flax seed oil) enhance the formation of desired prostaglandins of the 1 and 3 series. The omega-6 gamma-linolenic acid (GLA from evening primrose oil) is thought to downregulate the actions of excessive dietary linoleic acid. GLA and the omega-3 fatty acids appear to act synergistically in balancing normal immune function.

Thus, a balanced dietary intake of all of these fatty acids appears to be necessary to maintain a normal immune response and support the body's normal inflammatory processes. The omega-3 fatty acids also have important functions for visual acuity and possibly in maintaining already normal blood lipoprotein levels. Balance Plus serves as a pure, natural source of nutritionally beneficial fatty acids that are often hard to obtain from the diet. Rich in omega-3 fatty acids (EPA and DHA) from fish oil, the synergistic GLA from evening primrose oil, and omega-9 oleic acid from olive oil, Balance Plus helps restore balanced fatty acid nutrition. The formula also provides those nutrients that are needed to properly metabolize these fatty acids: niacin, zinc, and vitamins B6, C and E.

INDICATIONS

Balance Plus™ may be a useful dietary supplement for those who wish to increase their intake of nutritionally important fatty acids.

FORMULA (#99825)

Three capliques™ contain:

Omega-3 fatty acids	625 mg
Eicosapentaenoic Acid (EPA)	325 mg
Docosahexaenoic Acid (DHA)	180 mg
Omega-6 fatty acids	227 mg
Gamma-Linolenic Acid (GLA)	63 mg
Omega-9 fatty acids	241 mg
Oleic Acid	200 mg
Vitamin E (d-alpha-tocopherol)	45 IU
Vitamin C (L-ascorbic acid)	187.5 mg
Niacin	15 mg
Vitamin B6 (pyridoxine HCl)	3 mg
Zinc (as zinc gluconate)	3 mg

A Caplique™ is a liquid filled, two-piece capsule sealed with a band.

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SUGGESTED USE

As a dietary supplement, adults take 3 Capliques™ daily as a dietary supplement, or as directed by your health care professional.

SIDE EFFECTS

No adverse side effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

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† These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

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**You trust Douglas Laboratories.
Your patients trust you.**